

KEY:	
Available via the referral method	
Not available via this referral method	

Referral Routes for Health Services

<u>Adult</u>	Self Refer	GP referral	Hospital Consultant referral	Referral through college/other post 16 professional	Community Staff	Other professionals such as charity workers
<p>Audiology The audiology department is concerned with the diagnosis and treatment of hearing loss, tinnitus and balance disorders.</p>	<p>A patient can only self-refer if they are an existing hearing aid wearer where the hearing aid was provided by James Cook Hospital, in this case you can attend one of the after care sessions. More info here: https://www.southtees.nhs.uk/services/audiology/adults-hearing/aftercare-hearing-aid-repairs/</p>	<p>Referral letters can be sent to: Audiology Department The James Cook University Hospital Marton Road Middlesbrough TS4 3BW.</p>	<p>Referral letters can be sent to: Audiology Department The James Cook University Hospital Marton Road Middlesbrough TS4 3BW.</p>	<p>Referral letters can be sent to: Audiology Department The James Cook University Hospital Marton Road Middlesbrough TS4 3BW.</p>		
<p>Speech and Language Therapy Speech and language therapists are involved in the assessment, diagnosis and management of communication and swallowing disorders.</p>			<p>A consultant within James Cook will make the referral if needed on behalf of the patient. The patient will be referred during their hospital stay (immediate post acquired injury), transitional referral from children's services or possible out of area transfer</p>			

Adult	Self Refer	GP referral	Hospital Consultant referral	Referral through college/other post 16 professional	Community Staff	Other professionals such as charity workers
Occupational Therapy Occupational therapy service aim to help patients with physical and cognitive difficulties to be able to carry out activities in of daily living that are important to them.			A consultant within James Cook will make the referral if needed on behalf of the patient. The patient will be referred during their hospital stay. (immediate post acquired injury).			
Physiotherapy Physiotherapy offer specialist assessment, advice and treatment to people who have delayed or impaired functional skills associated with a wide range of difficulties.			A consultant within James Cook will make the referral if needed on behalf of the patient. The patient will be referred during their hospital stay. (immediate post acquired injury).			
Adult Mental Health Services The mental health team provides help and support for mental health problems (e.g. anxiety, depression etc.)	Find details here for self referral: http://wecantalk.org/middlesbrough-and-redcar-cleveland Middlesbrough Crisis Team call 01642 680706 Redcar and Cleveland Crisis Team call 01642 838300 The Crisis Assessment suite at Roseberry Park is open 24/7. The address to walk in is Roseberry Park, Marton Rd, Middlesbrough TS4 3AF. The number to call is 01642 837340	Call to refer Middlesbrough 01642 579200 Redcar and Cleveland 01642 838333	Call to refer Middlesbrough 01642 579200 Redcar and Cleveland 01642 838333	Call to refer Middlesbrough 01642 579200 Redcar and Cleveland 01642 838333	Call to refer Middlesbrough 01642 579200 Redcar and Cleveland 01642 838333	Call to refer Middlesbrough 01642 579200 Redcar and Cleveland 01642 838333

Adult	Self Refer	GP referral	Hospital Consultant referral	Referral through college/other post 16 professional	Community Staff	Other professionals such as charity workers
<p>LD Adult Mental Health Services The mental health team provides help and support for mental health problems (e.g. anxiety, depression etc.). Also annual health checks and flu vaccinations.</p>	<p>Find details here for self referral: http://wecantalk.org/middlesbrough-and-redcar-cleveland</p> <p>Middlesbrough Crisis Team call 01642 680706</p> <p>Redcar and Cleveland Crisis Team call 01642 838300</p> <p>The Crisis Assessment suite at Roseberry Park is open 24/7. The address to walk in is Roseberry Park, Marton Rd, Middlesbrough TS4 3AF. The number to call is 01642 837340</p>	<p>GPs can call to refer</p> <p>Middlesbrough 01642 579200</p> <p>Redcar and Cleveland 01642 838333</p>	<p>Call to refer</p> <p>Middlesbrough 01642 579200</p> <p>Redcar and Cleveland 01642 838333</p>	<p>Call to refer</p> <p>Middlesbrough 01642 579200</p> <p>Redcar and Cleveland 01642 838333</p>	<p>Call to refer</p> <p>Middlesbrough 01642 579200</p> <p>Redcar and Cleveland 01642 838333</p>	<p>Call to refer</p> <p>Middlesbrough 01642 579200</p> <p>Redcar and Cleveland 01642 838333</p>
<p>Ophthalmology Ophthalmology is the word used to describe the diagnosis and treatment of all eye problems including injury and medical disorders.</p>	<p>Eye casualty for emergencies, based at James Cook</p>	<p>GPs will refer if necessary. To speak to the department call 01642 850 850</p>	<p>A consultant within James Cook will make the referral if needed on behalf of the patient.</p>			