

SEND Family Voice

A monthly newsletter filled with news, information and events for all things SEND in the Redcar & Cleveland area.

Meet the Team!

We thought this month was a good opportunity to introduce our team and show you who we are! Although some of you will be familiar with our forum members if you attend our events, some may not. We have detailed members and their roles on the next page for your information.

We are always on the look out for new people to join the forum to share their views and opinions and help shape SEND services in the Redcar and Cleveland area. If this is something of interest to you, please message us via the Facebook page, drop us an email at infosendfamilyvoicerc@gmail.com or speak to the co chairs at one of our events.



Left to right : Julie, Michelle and Rebecca.



Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!



Left to right : Clare, Julia and Emma.

<https://sendfamilyvoicerc.co.uk/your-voice/>

News & Information

Team members and their roles

**Michelle Caddy, Co-Chair
(Strategic & Finance)
Designated Safeguarding Lead**

Michelle oversees the finances and grant application on behalf of the forum. Michelle also attends meetings, oversees management of the website and new member applications.

**Emma Hebb, Co-Chair
(Operational & Admin)
Deputy Safeguarding Lead**

Emma oversees the day to day running of the forum which includes organising and attending events, attending meetings with professionals and schools and producing the monthly newsletter and overseeing the Facebook page and group.

**Clare Allen-Mulroy,
Parent Rep
Safeguarding Officer**

Clare is a parent rep who currently hosts the coffee mornings at our base with other forum members. Clare also delivers the brilliant sensory information sessions. Clare is also actively involved with preparation for adult work.

Clare is Redcar and Coast Locality Representative.

Julia Conway, Parent Rep

Julia is another new parent rep, who recently joined the Forum. Julia will be helping to host events and coffee mornings with our forum members. Julia also attends the Family Support Service coffee mornings to meet and engage with parents.

Julie Gannon, Parent Rep

Julie is a long standing forum member and is involved with home educating and engaging with other parents.

Julie's role provides a link for families who home educate and feedback of any issues or concerns.

Rebecca Ibbotson, Parent Rep

Rebecca is a new parent rep who is a home educator too. Rebecca will also be hosting coffee mornings over at Skelton and East Cleveland to engage with parents and carers who cannot access our base in Grangetown. Rebecca is also East Cleveland Locality Representative.

News & Information

PINS Update

We have now sent Parent and Carer surveys to the participating schools to forward on to families. We would ask as many parents and carers to complete the survey as possible before Friday 10th May.

This survey helps us to produce an Action Plan for the PINS Project which will be implemented in the schools. This will also shape how we aim to engage with parents and school staff and work towards building positive relationships.

Following this schools, will complete a self assessment evaluation which will highlight any support they can access from the PINS Project.

As a forum our aim is to attend monthly meetings with parents, carers and school staff to provide support and guidance.

IPSEA free webinar

IPSEA are hosting a free webinar The SEND Journey and your rights as a parent carer which may be of interest. This is taking place on Wednesday 8th May 12:30pm – 1:30pm. The webinar will be delivered live by a member of the IPSEA legal team.

You can book a place on the webinar using the link below, if you are not able to attend you can also request a copy of the webinar recording using the same link.

Join our free webinar: The SEND journey and your rights as a parent/carers ([ipsea.org.uk](https://www.ipsea.org.uk))

[https://www.ipsea.org.uk/free-webinar-the-send-journey-and-your-rights-as-a-parent-carer?](https://www.ipsea.org.uk/free-webinar-the-send-journey-and-your-rights-as-a-parent-carer?fbclid=IwZXh0bgNhZW0CMTEAAR2LnWRLwYrkX8qbTEJzntIs934IDNHpNMnHAiI07XHd8I90mj5GzjQSuU_aem_ATwimzF9K4bMPWIBqGoQa6QxxHzzCWoKQZlCrb-VO0XkmbyHYm4zwEWX8cdEkuRkHOilpfBORPLL_IPaA7uR8Dt6)

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News & Information cont

Parent and Carer Courses

Some free courses which are available for parents and carers from Redcar and Cleveland Council and Family Hubs.

Use code “lemontop” to access this free content.

Understanding your child with additional needs

Free online course for all parents, carers, and grandparents.

- Reading your child's behaviour and understanding their feelings
- Effective communication techniques
- Reflecting on your relationship and how to nurture your child's emotional health
- A transformative journey that can strengthen your bond with your child at every age

Designed by clinical psychologists in partnership with practitioners and parents

Residents of REDCAR and CLEVELAND

In paid partnership with: Funded by UK Government

Use Access Code **LEMONTOP**

Understanding your child: from toddler to teenager

Free online course for all parents, carers, and grandparents.

- Reading your child's behaviour and understanding their feelings
- Effective communication techniques
- Reflecting on your relationship and how to nurture your child's emotional health
- A transformative journey that can strengthen your bond with your child at every age

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Use Access Code **LEMONTOP**

Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents

Residents of REDCAR and CLEVELAND

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Use Access Code **LEMONTOP**

Getting it right for children

When parents are separating or separated, children can often get caught in the middle

Getting it right for children is a free online course designed to help you parent co-operatively

It can help you to develop positive communication skills so that you can sort out disagreements and find solutions together

This course is free to Redcar and Cleveland residents, and can be accessed at:

<https://www.oneplusone.org.uk/parents>

Or you scan the QR code with your phones camera and find your local authority to set up an account

Funded by UK Government

Parenting When Separated

We are happy to announce that we are rolling out a new group programme to support parents who are separated, or are preparing to separate and trying to parent together.

This group is aimed at parents who are already separated (for any period) or those who are thinking of ending their relationship. The group is designed for parents of all ages, and both the resident and non-resident parent. Places are available for families who are receiving Early Help or Social Care Support.

Aims of the programme

The group aims to help parents:

- Solve co-parenting problems in a positive way that focuses on the needs of the children.
- Cope with the emotional impact of separation and learn stress management techniques.
- Help their children cope with the impact of separation both emotionally and practically.
- Enhance communication with their children and with their children's other parent.

Sessions covered:

Session 1
The impact of separation on parents / the impact of separation on children.

Session 2
Establishing a cooperative, co-parenting relationship / helping your child to cope.

Session 3
Communicating with my child's other parent / communicating with my child.

Session 4
Being a residential or non-residential parent / managing successful contact and handovers.

Session 5
Personal coping and stress management / dealing with challenges.

Session 6
Parent self-care in the long term / managing new relationships.

To gain a place on the programme or ask for further information, please email families.together@redcar-cleveland.gov.uk

Supporting Each Other, Supporting Families

Important Contact Numbers

Sen Services - 01642 204503

Camhs - 0300 013 2000

Shortbreaks Self referral - 01642 771247

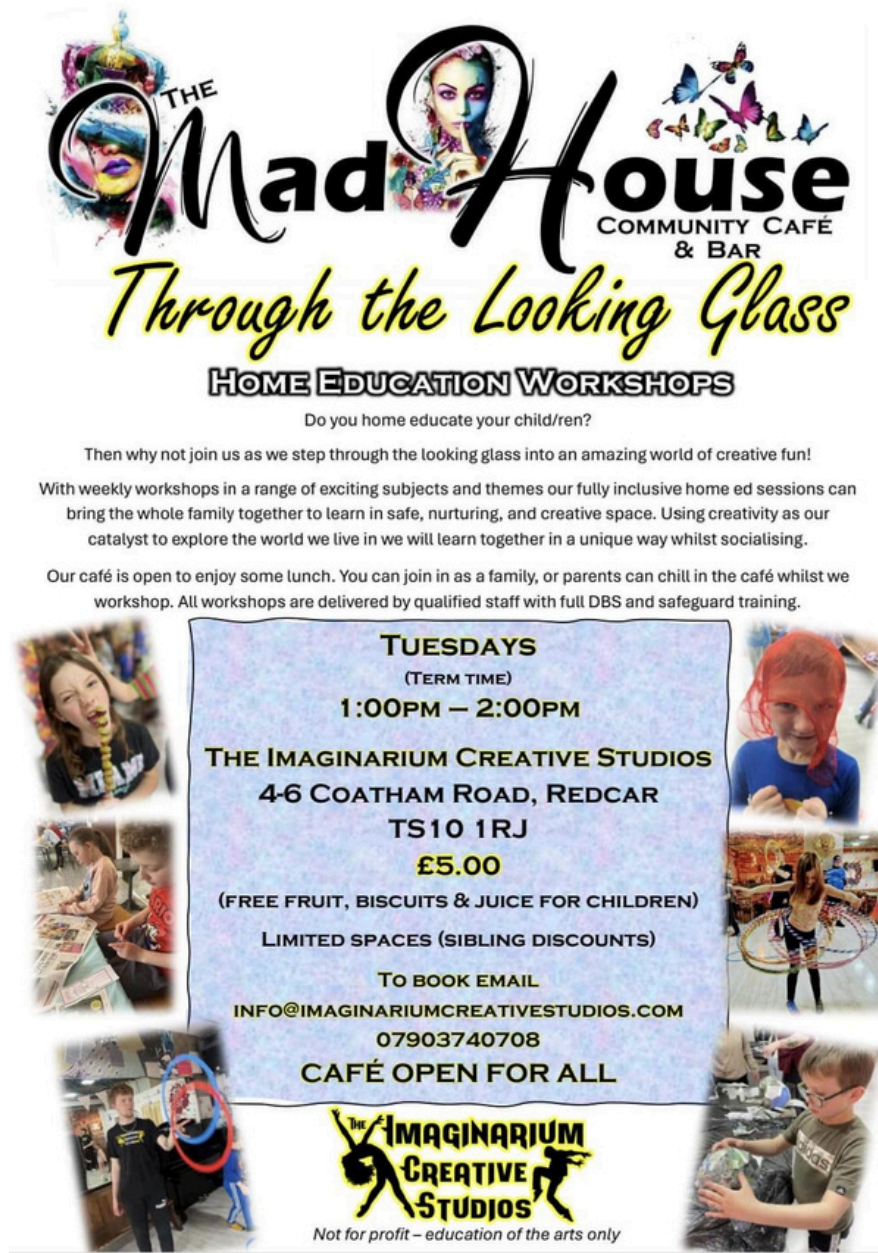
Daisy Chain Family Support - 01642 531248 (Option 1)

Carers Together - 01642 488977

Events

Imaginarium Creative Studios Events

The Mad House Community Cafe & Bar are hosting a wellbeing event and home educators event at their venue on Coatham Road, Redcar. Please see the details of how to book a space.



THE Mad House
COMMUNITY CAFE & BAR

Through the Looking Glass

HOME EDUCATION WORKSHOPS

Do you home educate your child/ren?

Then why not join us as we step through the looking glass into an amazing world of creative fun!

With weekly workshops in a range of exciting subjects and themes our fully inclusive home ed sessions can bring the whole family together to learn in safe, nurturing, and creative space. Using creativity as our catalyst to explore the world we live in we will learn together in a unique way whilst socialising.

Our café is open to enjoy some lunch. You can join in as a family, or parents can chill in the café whilst we workshop. All workshops are delivered by qualified staff with full DBS and safeguard training.

TUESDAYS
(TERM TIME)
1:00PM – 2:00PM

THE IMAGINARIUM CREATIVE STUDIOS
4-6 COATHAM ROAD, REDCAR
TS10 1RJ

£5.00
(FREE FRUIT, BISCUITS & JUICE FOR CHILDREN)

LIMITED SPACES (SIBLING DISCOUNTS)

TO BOOK EMAIL
INFO@IMAGINARIUMCREATIVESTUDIOS.COM
07903740708

CAFÉ OPEN FOR ALL

THE IMAGINARIUM CREATIVE STUDIOS
Not for profit – education of the arts only



THE Mad House
COMMUNITY CAFE & BAR

Down the Rabbit Hole

WELLBEING WORKSHOPS

Are you ready to do some self-care?

Our wellbeing workshops are designed to give you some time and space away from the hustle and bustle of life as we take time to relax and explore our inner self through creativity.

Each session includes meditation, gentle physical stretch, an art / craft-based activity, music, and self-reflection.

Using the 5 ways to wellbeing framework each week we will connect, give, keep learning, be active and take notice.

These sessions are fully inclusive and ideal for all ages (Please note these sessions require stair access)

THURSDAYS
(TERM TIME)
10:00AM – 11:00AM

THE IMAGINARIUM CREATIVE STUDIOS
4-6 COATHAM ROAD, REDCAR
TS10 1RJ

£5.00
(FREE FRUIT, BISCUITS & DRINK)

LIMITED SPACES

TO BOOK EMAIL
INFO@IMAGINARIUMCREATIVESTUDIOS.COM
07903740708

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THE IMAGINARIUM CREATIVE STUDIOS
Not for profit – education of the arts only



Makaton
New Level 1

Join us for six weeks of fun taught sessions.

This is for adults who have never done Makaton Sign Language programme before

Starting Monday 10th June
5pm till 7pm for 6 wks

Suitable for parents, carers, individuals who work with Children, Rhymetime helpers and those who work with children or adults with communication difficulties.

Small Group Only
10 Places.
Ring 01642 494407 to book today.
MUST be able to commit to all 6 weeks.

Totally free to those over 19 years as funded by TVCA and Tutor provided by Redcar and Cleveland Adult Learning Service

PIC•COLLAGE

Makaton Classes

Community Stepping Stones CIC are collating names for our new Makaton session. Starting with Level 1. New class starting 10th June for six weeks. 5pm till 7pm. Limited places. MUST be able to commit to all six weeks of the course. Held at Farndale Square Cafe.

This is a great opportunity to learn a new skill that may also support your young child who is pre-verbal or has limited speech.

Events cont



PREPARATION FOR ADULTHOOD EVENT

We are delighted to invite you to the preparation for adulthood event for young people with Special Educational Needs and Disabilities (SEND) and their parents/carers in Redcar and Cleveland.

Date: Wednesday 22nd May 2024
Time: 1:30pm – 5:30pm
Venue: Prior Pursglove College, Church Walk, Guisborough

Our Program :
This year's PFA event aims to support, advise and inform young people and their families to explore future options available to them. This is a great opportunity for young people to identify what provisions are available to them in the local area. This event is hoped to reduce some of the existing fears for transitioning students with special educational needs.

PLEASE NOTE:
There may be some delays in accessing or leaving the college premises between 3:30pm and 4:15pm due to the college buses accessing the site.

RED CAR & CLEVELAND BOROUGH COUNCIL

If you have any queries or require any adjustments, please contact:
Isla Milwain 01642 444084
Supported.internship@redcar-cleveland.gov.uk

Preparing for Adulthood Event

This years Preparing for Adulthood Event is taking place at Prior Pursglove College, Guisborough.

This event, which is hosted by Redcar and Cleveland Council, aims to inform young adults about future options which are available to them in the local area.

We will be in attendance so hope to see you there!

What other events would like to see?
Please let us know by using our new Comments and Suggestions Box!

As parents and carers it is important to remember to take time out for ourselves to rest and recharge. Here are some activities and get togethers aimed at promoting wellbeing and offering support .



Calling Dads of 0-5 year olds! Come along to our Dads Group starting in January 2024!

A recent study by men's mental health campaigners found that 95% of participants agreed there should be more advocacy/support for fathers.

The Dads group will take place at the Family Hubs listed below on the following Saturdays each month from 10am - 11:30am.

Redcar Coast Family Hub
Rainbow Lane
TS10 1RR
01642 778030
2nd Saturday of each month

Grangetown Family Hub
Grange Farm Road
Grangetown
TS8 7HP
01642 770810
3rd Saturday of each month

Guisborough Family Hub,
Park Lane
Guisborough
TS14 6NT
01642 495357
4th Saturday of each month

contactusfamilyhub@redcar-cleveland.gov.uk

Funded by UK Government



YOU ARE INVITED TO OUR CARERS SUPPORT GROUP AT ST HILDA'S CHURCH REDCAR

TUESDAY 16TH APRIL 10-11.30AM
TUESDAY 30TH APRIL 10-11.30AM
TUESDAY 14TH MAY 10-11.30AM
TUESDAY 28TH MAY 10-11.30AM

A SAFE SPACE TO MEET OTHER CARERS, SHARE YOUR EXPERIENCES AND BE YOURSELF

TAKE ADVANTAGE OF THE ECO SHOP WHILST AT THE GROUP AND ENJOY A TEA, COFFEE OR HOMEMADE CAKE, WE HOPE TO SEE YOU THERE!

PLEASE CALL NIKKI ON 01642 296052 TO BOOK YOUR PLACE OR EMAIL CARERSREDCAR@TEESSIDEMIND.ORG.UK

mind Teesside

SEN Sessions

In and around the Redcar and Cleveland area.



AIR+ TRAMPOLINE PARK
AIR+ NEW TIME!
 STARTING SAT 9TH MARCH
SATURDAYS 5PM - 6PM
SEND & ADDITIONAL NEEDS TRAMPOLINING SESSION!
AGES 3+!
EXCLUSIVE USE OF TRAMPOLINES!
*PLEASE NOTE EXCLUSIVE USE IS OF THE TRAMPOLINES ONLY. OTHER CUSTOMERS MAY STILL BE IN THE PARTY AREAS/ PARTY ROOM DURING YOUR VISIT
WWW.SKELTONLEISUREHUB.CO.UK




SEN SESSION
 Every 1st Sunday
 9.30am - 12.00pm
 CLICK TO BOOK ONLINE

Sunday SEN Session


Session specifically for SEN –
 Children with Special Education
 Need
No general public admittance.

Sensory Play Sessions

Where? Guisborough Family Hub
When? 10am - 12pm
How Much? Free
Dates: Saturday 4th May 2024
 Saturday 18th May 2024
 Saturday 1st June 2024
 Saturday 15th June 2024
 Saturday 29th June 2024
 Saturday 3rd August 2024
 Saturday 17th August 2024
 Saturday 24th September 2024
 Saturday 5th October 2024
 Saturday 19th October 2024
 Saturday 2nd November 2024
 Saturday 16th November 2024
 Saturday 30th November 2024

Providing Forest and Beach School sessions to families throughout Redcar and Cleveland.
 At Woods & Waves children and young people have the opportunity to connect with nature, use tools, enjoy the warmth of a campfire, complete scavenger hunts, engage in nature-based arts and crafts and so much more. The sessions are very flexible and child-led, participants are encouraged to follow their own interests and ideas, free play and exploration are a big part of the Forest School approach. Parent/carers stay and join in the fun too.
 Children with additional needs are welcome to attend any of our sessions, and we also have SEND sessions every third Saturday of the month from 16th March.
 To book a place visit our Facebook page @woodswavesforestandbeachschool Or use our booking link <https://bookwhen.com/woodswaves>



In addition we also have some availability on our fully funded 10 week SEND Forest School group:
 Thanks to funding from Woodsmith Foundation we are able to offer fully funded small group Forest and Beach School to children and young people. To qualify the child/YP must: Be aged 5–18 years, live in Redcar and Cleveland, and have an additional need or disability.
 This is for a block of 10 sessions and we have a couple of remaining spaces for our Thursday 4pm sessions beginning in April, so you must be able to come along to Saltburn on this day and time to qualify. To express your interest in your child/young person been involved in this project please contact us: woodswaves2022@gmail.com / 07533366410



SEN
 Sunday mornings
 Exclusive session 9:30am-10:30am
 £6.50 per child - siblings welcome
 PLAY FACTORY THORNABY



Premier League **Kicks** **DISABILITY SPECIFIC 2023/24**
TUESDAY BOROBILITY Acorn Centre T55 8QB
 U12 PAN 4:45pm - 5:45pm
 13+ PAN 5:45pm - 6:45pm
WEDNESDAY BOROBILITY EAST CLEVELAND LOFTUS CRICKET CLUB
 TS13 4LG
 5pm - 6pm
FREE TO PLAY!
Foundation
 FOR MORE INFORMATION ABOUT SITE SPECIFICS EMAIL: EVE.ALLEN@MFCFOUNDATION.CO.UK



SEN SESSION
£8 PP
1 HOUR LAZER TAG EXPERIENCE
 TWO 20 MINUTE ACTION PACKED LAZER TAG GAMES
 QUIETER MUSIC
 REDUCED NUMBERS
 ADD A HOTDOG AND DRINK FOR £2PP EXTRA
 AVAILABLE THE LAST THURSDAY OF EVERY MONTH, EXTRA DATES AVAILABLE IN SCHOOL HOLIDAYS
 TEAZERZ TEESIDE LAZER TAG



Move Together
 FREE DROP IN SESSIONS ALL WELCOME
 Mondays: Saltburn Community Hall 1-2pm for home educators
 Tuesdays: Boosbeck Village Hall 4.30-5.30pm
 Tuesdays: Land of Iron, Skinningrove 5.30-7.30pm
 Wednesdays: Disco Babies at Loftus Family Hub 10-10.45am crawling/walking
 11-11.45am pre-crawling
Move Together Borderlands IRON Foundation



Move Together
 FREE drop in sessions Age 5+
Family dance sessions for home educators
Every Monday from 22 January 1-2pm for 9 weeks
 Saltburn Arts, Albion Terrace, Saltburn TS12 1LW
Tees Dance Borderlands