






**Designed to provide support at every stage of your autism journey, from the beginning of your diagnostic journey and beyond.**




## Is this service right for me?

- ✓ Are you over the age of 16?
- ✓ Do you have, or are you awaiting an autism diagnosis?
- ✓ Do you live in the Tees Valley?

## What will the service offer me?

-  Information and advice
-  Weekly drop in sessions
-  Bookable 1:1 appointments
-  Understanding Myself workshops
-  Connecting to local support

## How do I access support?

-  Call the team on 01642 531248 (option 2)
-  Email [adult.support@daisychainproject.co.uk](mailto:adult.support@daisychainproject.co.uk)
-  Visit our website by scanning the QR code.

**SCAN ME**

