



SEND Family Voice

A monthly newsletter filled with news, information and events for all things SEND in the Redcar & Cleveland area.

Welcome back

Welcome back, how quickly did those 6 weeks holidays go by?!

Thank you to all the parents who completed the survey we put out over the 6 weeks holidays asking for your feedback for weekly drops ins and training. We have used this to plan the drops ins and events we host. All our events are listed in the events section on our Facebook Group or you can pick up a copy of our monthly events calendar.

As always we strive to meet the needs of our families and ensure your voices are represented in local services and workstreams. It is important for families to feedback any issues they are experiencing so we can ensure these issues are raised with the relevant professionals. The issue of evening events and during the holidays were also raised as we appreciate families may work during the day when most of our services run. We are looking at ways to try and bridge that gap, but as we are parent carers ourselves, sometimes this is not achievable for us. In the meantime we do host an online coffee event the first Monday of every month 7pm – 8pm via teams. Parents can join and there is no pressure to speak or have your camera on. At these events we can provide updates of what is happening, offer advice and support and help complete Your Voice submissions or membership forms. We are looking to try and host these at a venue in person and will update once we have organised this.

As the recognised parent carer forum we are currently sitting on several workstreams with the local authority, NHS and other services. These are as follows:

- Sleep Service Development – This is the service currently provided through Daisy Chain and is under review.
- Transitions from Children to Adult Services Workstream
- Making Attendance Everyone's Business Workstream
- School Readiness Workstream
- Transitions from Year 6 to Year 7 Workstream
- Preparing for Adulthood

Our goal throughout all of these workstreams is to ensure SEND is woven throughout and included from the start and that families' experiences are taking into account when these workstreams are in development. We will continue to provide updates from these workstreams as and when developments are reached.

PINS update

We will continue to work with our PINS Schools over the next 9 months whilst we embed the learning from year 1. This year we will also be looking for parent reps to work in their schools with the SENCO to address any issues that are raised and also feedback to us about wider issues we can forward to the relevant professionals.

Just a reminder these are the schools who are involved in the PINS project:

Bankfields	Caedmon	Chaloner
Errington	Galley Hill	Green Gates
Handale	Hummersea	Normanby
Nunthorpe	Ormesby	St Bedes
St Gabriel's	St Josephs	St Paulinus
Saltburn	Skelton	Teesville
Whale Hill	Zetland.	

Look out for our posters advertising upcoming coffee events.

Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!

<https://sendfamilyvoicerc.co.uk/your-voice/>

News & Information

Early Bird and Early Bird Plus Course

The Redcar and Cleveland Early Years SEND Team have partnered with The National Autistic Society and KTS Academy to deliver the Early Bird Programme (see attached leaflet).

The 6-week programme will run from Redcar and Cleveland Family Hubs. The eligibility for accessing the course is you must be living in Redcar and Cleveland and your child has either received an autism diagnosis or is on the pathway awaiting an autism assessment. There are two courses available:

Early Bird – for children under 5 years

Early Bird Plus – for children aged 4 – 9 years

To register your interest please send the following details to Jane.Todd@redcar-cleveland.gov.uk

- Which course you would like to attend – Early Bird or Early Bird Plus
- Parent name
- Parent email
- Home address
- Child's name and date of birth
- Date of diagnosis or date accepted for an assessment

The leaflet is a colorful document with a yellow background. It features several photographs of children playing. The text is organized into sections with bold headings. The top right section contains a registration form with fields for parent details, child details, and contact information. The bottom left section explains the program's purpose, and the bottom right section provides details about the 6-week program, including a commitment to attend every week and a cost of £15 for a parent book.

HAF Update

We hosted 5 sessions over the holidays aimed at children aged between 3 and 25 years who receive free school meals and paid places for those who do not qualify. We had some families that cancelled last minute and some who did not turn up at all or let us know they couldn't attend. As we are allocated funding, if we don't use it as it is allocated then we risk losing it. We appreciate sometimes things come up last minute, children are poorly or they are struggling with the holidays and cannot attend but if you can, please let us know.

Our next HAF sessions will be over Christmas and we are looking to hold a Christmas Party and then an inflatable session and a soft play in the New Year before children return to school. As always we will post an update on our Facebook Group and Page and via email to our members.

You said...

We would like to see the drop ins on a different day.

We did...

Following feedback from the survey we have now changed the weekly coffee mornings to a Monday morning every week.

Sleep Service Update

The Sleep Service which is currently delivered from Daisy Chain is currently under review. The service providers are looking at ways to make the system more sustainable moving forward.

Once we have attended this development day and have more updates we will share this with yourselves.

News & Information


Healthy Parent Carer Course & Time out for Parents Course

As some of our team are now trained and qualified to deliver these courses we will be looking to put these on for members starting in October.

The posters below explain more details about the Courses and what the benefits are for families. We will provide more information in September together with links to sign up.

The sessions will only be open to members in the first instance

HEALTHY PARENT CARER COURSE



The Healthy Parent Carers programme is designed by parents carers to improve the health and wellbeing of fellow parent carers.

Parent carers face increased risks of mental and physical health problems. They often prioritise the health and needs of their children and neglect their own needs. Led by other parent carers, this programme promotes empowerment, confidence and resilience.




A 6 week programme held in the comfort of our offices is open to all parents who live in Redcar and Cleveland and have a child/ren with additional needs.

The Programme aims to:

- ✓ Promote greater empowerment, resilience and confidence
- ✓ Providing support through a group programme, with discussions and resources.
- ✓ Talking small steps that are associated with better health and wellbeing.
- ✓ Encouragement to set achievable goals and taking a problem-solving approach

Only 8 places available on each session and open to members only

If you are not a member sign up today!



Time out for Parents Course



The Time out for Parents Course - Children with Additional Needs, provides an opportunity for you to come together with other parents to support and encourage each other, helping you share feelings and experiences, and come up with solutions to problems on the basis of what works – not what's meant to work!

We start by looking at what life is really like living with your child who has additional needs, helping them reach their potential and how to keep going. We do this through 7 dedicated themes as listed below:

- Session 1 – Parenting children with additional needs
- Session 2 – Self-esteem
- Session 3 – Coping with feelings
- Session 4 – Understanding behaviour
- Session 5 – Managing behaviour
- Session 6 – Home and school
- Session 7 – The wider family

With a parent handbook to take away plus useful tips and strategies.

A 3 hour session once a week for 4 weeks. Please be available for all 4 sessions when signing up to attend.

Book your place today!



New Posters

As a forum we decided to update our promotional posters which are displayed across the borough in various venues including schools and public areas.

We asked our families to send us pictures of their child/ren or young person to be displayed on our poster. We received so many pictures it was difficult to choose! We also wanted to represent the different ages of children and young people, because, as a forum we offer support to families from 0 – 25 years.

We hope you like our updated posters and if you work in a space across Redcar and Cleveland and would like one to display please get in touch by emailing us on info@sendfamilyvoicerc.com with:

- your name,
- business / company name and,
- address

We will then forward a copy of the poster in the post to you.

Does your child have Special Educational Needs and / or Disabilities? (SEND)



Are you finding the SEND system difficult to navigate or coming across obstacles?

Speak to us today for information about support that is available and to feedback any issues you are experiencing.

We offer weekly coffee mornings, and a range of training courses and events.

We also host an annual parent carer conference.

Scan the QR code or visit us at:
www.sendfamilyvoicerc.co.uk



Find us:
Office 2T Second Floor, Civic Centre, Ridley Street, Redcar, TS10 1TD

Email us: info@sendfamilyvoicerc.com

Follow us:    



Redcar & Cleveland Parent & Carer Forum

North East and North Cumbria

Carers Together - 01642 488977

Events

SEND Family Voice Events

Beginning the week of 8th September our drop ins will now be held on a Monday morning 9.30am – 12pm, as these were the most popular option. Members of the team will be available to offer advice and support around any issues you are facing. They can also complete membership forms and Your Voice submissions. There will also be free refreshments available.

Our online evening coffee event will take place on the first Monday of each month at 7pm, we look forward to seeing you for chat and a catchup. There is no pressure to talk or even have your camera on but please feel free to come along if you can. At this coffee event we can offer support and signposting and also help complete membership forms and Your Voice submissions.

We also have some fantastic workshops and events for members only. We have some providers coming in to discuss about their services and what they can offer to support families as well as an interactive session about the Local Offer with Monica Wheeler. We have a wellbeing event for parents to come and experience a sound bath and meditation followed by a lovely lunch from The Home Kitchen. Links for these workshops and events will be sent to members so please do book on as soon as the links are released as they fill up quite quickly.

If you wish to receive our newsletter plus links to our training and workshop offers please ensure you have signed up to become a member. Our membership is free and your details are kept safe and secure and are not disclosed to any third party. Once you are registered you will be asked to confirm your email address. Once you have done this you will receive the latest copy of our newsletter together with a copy of The SEND Guide for Parents. The link is below:

<https://sendfamilyvoicerc.co.uk/membership/>

On Tuesday 9th September we are hosting a Volunteers Drop In event. If parents can spare an hour once a week, fortnight or month we want to hear from you! Parents who wish to volunteer with us can do so giving as much time as and when they can whether it's one off jobs or helping manage the Facebook group. Please feel free to pop along for a chat with the team and ask any questions you may have.

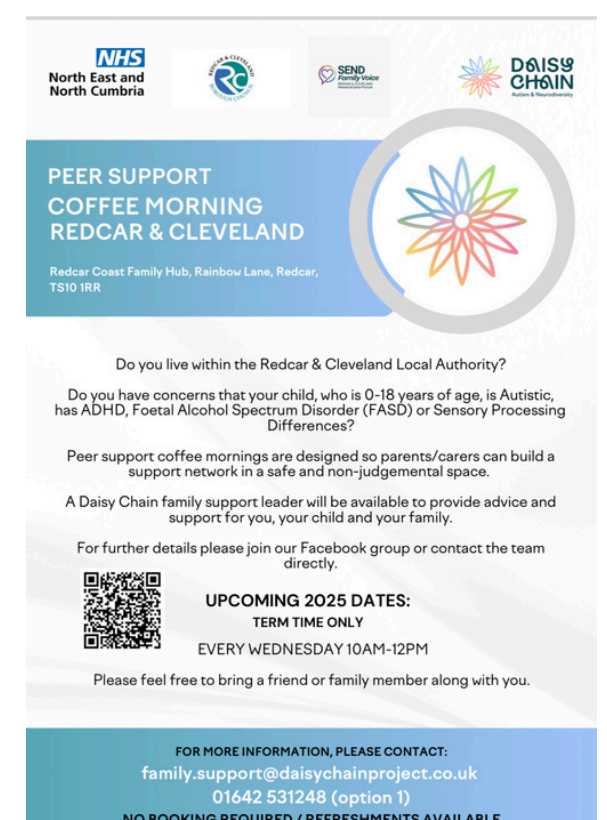


Multi Agency Drop In

The new dates for the multi agency drop in at 25k Centre, Ayton Drive Redcar. The multi agency drop ins are attended by professionals from Daisy Chain, SEN dept from Redcar and Cleveland Local Authority, SENDIASS and Camhs to name a few.

Every Wednesday at Redcar Coast Hub there is also a coffee morning for parents to drop in and sign up to The Family Support Service and receive advice and support.

Both events are hosted by Daisy Chain as part of The Family Support Service.



SEN Sessions

In and around the Redcar and Cleveland area.

THE JUNCTION YOUTH CLUB

MONDAYS & WEDNESDAYS • 6PM - 8PM
BRECKON HILL COMMUNITY CENTRE, MIDDLESBROUGH, TS4 2DS

FRIDAYS • 6PM - 8PM
GROVE HILL COMMUNITY HUB, MIDDLESBROUGH, TS4 2RP

THE JUNCTION FOUNDATION PRESENTS A FREE, WEEKLY YOUTH CLUB WITH REFRESHMENTS, ACTIVITIES & MORE FOR YOUNG PEOPLE AGES 11 - 17 YEARS

01642 756000 info@thejunctionfoundation.com

WOODS & WAVES
FOREST AND BEACH SCHOOL | CIC

Providing Forest and Beach School sessions to families throughout Redcar and Cleveland.

At Woods & Waves children and young people have the opportunity to connect with nature, use tools, enjoy the warmth of a campfire, complete scavenger hunts, engage in nature-based arts and crafts and so much more. The sessions are very flexible and child-led, participants are encouraged to follow their own interests and ideas, free play and exploration are a big part of the Forest School approach. Parent/carers stay and join in the fun too.

Children with additional needs are welcome to attend any of our sessions, and we also have SEND sessions every third Saturday of the month from 16th March.

To book a place visit our Facebook page @woodswavesforestandbeachschool Or use our booking link <https://bookwhen.com/woodswaves>

In addition we also have some availability on our fully funded 10 week SEND Forest School group:

Thanks to funding from Woodsmith Foundation we are able to offer fully funded small group Forest and Beach School to children and young people. To qualify the child/YP must: Be aged 5-18 years, live in Redcar and Cleveland, and have an additional need or disability.

This is for a block of 10 sessions and we have a couple of remaining spaces for our Thursday 4pm sessions beginning in April, so you must be able to come along to Saltburn on this day and time to qualify. To express your interest in your child/young person been involved in this project please contact us: woodswaves2022@gmail.com / 07533366410

COMETS
Disability • Football

Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!

kick ball happy

Scan here to see Comets in action!

Time and Date: **Saturday Morning — 10.00am to 11.00am**

Location: **Sports Hall, Nunthorpe School, Guisborough Road, Nunthorpe, TS7 0LA**

Contact: **Andy Fawcett** Phone: **07967 023888**

Email: **Andyf.spr@gmail.com**

ENGLAND FOOTBALL Get in touch to book your first session

Premier League **Kicks**
TUESDAY
BOROBILITY
Acorn Centre TS5 8QB
U12 PAN 4:45pm - 5:45pm
13+ PAN 5:45pm - 6:45pm

WEDNESDAY
BOROBILITY
EAST CLEVELAND
LOFTUS CRICKET CLUB
TS13 4LG
5pm - 6pm

FREE TO PLAY!

FOR MORE INFORMATION ABOUT SITE SPECIFIC'S EMAIL: EVE.ALLEN@MFCFOUNDATION.CO.UK

MIND OVER MOUNTAINS Forestry England

Feeling in need of a bit of respite?
Finding life challenging or overwhelming?
Join us on our **FREE** Mental Wellbeing Walks in Guisborough Forest with Mind Over Mountains!

Half day walk combining walking in nature & mindfulness, supported by professional coaches & counsellors who walk with you. For anyone who might benefit from some time out with a friendly group, walking and talking together.

Guisborough Forest Half Day Wellbeing Walk
WED 3 JULY 2025 - MORNING WALK

Guisborough Forest Half Day Wellbeing Walk
WED 3 JULY 2025 - AFTERNOON WALK

Places must be booked.
Head to www.mindovermountains.org.uk for full details or scan the QR code

Please feel free to contact us with any questions - info@mindovermountains.org.uk

WELLBEING & RESILIENCE GROUP
Mind. body. soul

A group to feed your mind, body and soul through meditative practices combined with mindful movement. To empower and enable participants to learn different ways to relax and handle the stresses and strains of everyday life

Led by Holistic, wellbeing coach **Terry Doyle**

Walk ins welcome!

Every Thursday Starting 1 - 3pm - 3rd July 2025

1.00 - 3.00

Neucomen Methodist Church, Mersey Road, Redcar, TS10 1NH

18+ Living in Redcar & Cleveland

Free!
Refreshments included

Transport
On a direct bus route

CONTACT CHRIS FOR MORE INFO
07394871751
cwpactivities@footprintsinthecommunity.co.uk

Sensory Play Sessions

Where? Guisborough Family Hub
When? 10am - 11:30am
How Much? Free

Dates : Saturday 21st June 2025
Saturday 5th July 2025
Saturday 19th July 2025
Saturday 2nd August 2025
Saturday 16th August 2025
Saturday 30th August 2025
Saturday 20th September 2025
Saturday 4th October 2025
Saturday 18th October 2025
Saturday 1st November 2025
Saturday 15th November 2025
Saturday 29th November 2025
Saturday 13th December 2025

Guisborough Family Hub

World of Play SEN SESSIONS
1st Sunday of every month
9.30am - 12.00pm

Come and enjoy World of Play when it's much calmer and quieter at our **SEN sessions**

This time is exclusively for children with disabilities and their family & friends

Full use of all our facilities is available

INCLUSIVITY

FOOTBALL 4 ALL

A team specially for Neurodiverse kids aged 4-16

Every Saturday Morning:
8:30-9:00 1-1 Sessions
9:00-10:00 Main Session

For more info contact:
Paul 07519607545 - Paulc_spr@outlook.com



SEND support across Redcar and Cleveland

There is a wide range of Special Educational Needs and Disabilities (SEND) support available across the borough, including those who do not have a formal diagnosis.

Redcar and Cleveland Local Offer

Redcar and Cleveland’s Local Offer is a free information directory that shows what support or provision is available in our area for children and young people with special educational needs and/or disabilities aged 0 – 25 years old and their families.

<https://www.redcar-cleveland.gov.uk/children-and-families-services/local-offer>

SENDIASS

The SENDIASS Service provides independent, impartial advice to parents/carers with a child aged 0-25 years old with special educational needs. We also provide advice to children and young people with SEN. We can help with education, health and social care.

We are open Monday - Thursday, 09:00-17:00 and Friday, 09:00-16:30.
You can reach SENDIASS by :
Kerrie Walker (SENDIASS Officer) kerrie.walker@barnardos.org.uk 07713787617
Joanne Alton (SENDIASS Officer) joanne.alton@barnardos.org.uk 07934602584
Phone: 01642 310806
Email: southteessendiass@barnardos.org.uk

Redcar and Cleveland Early Years SEND Team

The Early Years Area SENDCo coordinates the support provided by the Early Years SEND Practitioners, who were previously known as and sometimes still referred to as Portage. The team support children who have a significant delay in two or more areas of their development, from birth to school age. To access the Early Years Practitioners, SENDCO’s should complete a Family Hubs Referral form

Redcar and Cleveland SEN department

The SEND Team is responsible for Education, Health, and Care Needs Assessments (working in collaboration with the family, child or young person and professionals). They also manage the placement and provision for children with Education, Health, Care Plan (EHCP) as well as annual reviews. The SEND team consists of a Statutory SEND Manager, SEND Lead Officers, PFA Coordinator, SEND Officers, Independent Travel Trainers, SEND Business and Data Officer and the SEND administration team.
To contact either:
email sen@redcar-cleveland.gov.uk
Telephone 01642 304503

SEND Family Voice, Parent Carer Forum

We are a Department of Education funded forum of parents and carers of children and young people (0-25) with special educational needs and/or disabilities. Our main aim is to ensure the needs of our children are met. We bring together parent carer voices from across Redcar and Cleveland to improve engagement between services and families, to empower each other and influence policy and practice.

<https://sendfamilyvoicerc.co.uk/>

Redcar and Cleveland Family Hubs

Our Family Hubs and wider network, offer help and support to families with children aged 0-19 years (25 with SEND), across Redcar and Cleveland.

<https://www.redcar-cleveland.gov.uk/family-hubs>

Preparing for Adulthood

‘Preparation for adulthood’ is a national framework that aims to ensure that all young people with special educational needs and disabilities have the support they need to ensure they achieve their full potential and live happy, healthy lives. Schools, colleges, health and social care services work together to help plan and prepare young people in four main areas;

- continuing education, training or getting a job
- living independently
- having friends and being part of the local community
- being as healthy as possible.

<https://informationdirectory.redcar-cleveland.gov.uk/local-offer-send/preparing-adulthood-14-25-years/preparation-adulthood>

Short Breaks

Short Breaks are available for children and young people with special educational needs and or disabilities aged 0 - 18 years, some support may extend up to 25 years where there is an assessed need for the service to remain in place. Short Breaks support provides opportunities for parent carers to have a break from their caring responsibility while also providing fun and exciting opportunities for children and young people.

<https://www.redcar-cleveland.gov.uk/children-and-families-services/short-breaks-for-children-young-people-and-their-families>