



SEND Family Voice

A monthly newsletter filled with news, information and events for all things SEND in the Redcar & Cleveland area.

Forum Update

We wanted to provide an update as you may have noticed that the forum has been a little quiet. This due to a number of people from the steering group resigning from their roles over the last few weeks so some activities have had to be cancelled while we re-group. We would like to thank everyone for their hard work to get the forum to where it is today and support over the last 2 to 3 years.

Moving forward we will be winding down for the summer term but support will still be available via our Facebook group, Messenger or email to the info address which is info@sendfamilyvoicerc.com. We will have 2 Drop-ins on the following dates, Tuesday 7th July and Tuesday 14th July in our offices at the Civic Centre from 9.30am - 12pm.

Our office address is Office 2T Civic Centre, Ridley Street, Redcar TS10 1TD. The building opposite the swimming baths and library. Located on the second floor directly opposite the lifts.

We will be working behind the scenes over the summer term to regroup and plan our strategy for the rest of the year. We will be looking for new parents and carers to join the Steering Group and also become parent representatives out and about in the community. We will also be looking to host some recruitment sessions when we are back in September.

If you are interested in this role or would like to have an informal chat about the role and the requirements, please contact Emma Hebb via email on emma@sendfamilyvoicerc.com or via Messenger.

Transition from Children to Adult Social Care Update

A few months back we circulated a survey to parents and carers to find out your experiences around the transitions from children to adult social care as some families felt the support was not the same and the services weren't as smooth as they could be.

The survey results fed back into a larger piece of work and Emma has attended regular meetings feeding back parents and carers views and helping to shape the services. We understand the adult social care team are looking at their processes with children's social care team and how they can join up their services. There is still some work underway and we will continue to provide updates as this workstream progresses.

As part of this workstream, we are also working with the adult social care teams to look at provisions for our children once they turn 18. We have carried out some work with young adults from Kirkleatham Hall School to see what they would like to see available for a college course and/or a day service. We will be going out to Kilton Thorpe School to ask their students the same questions. We have also developed a survey for parents and carers to try and identify any gaps in the system that we can feedback.

This work is ongoing and we will provide relevant updates when we are able.

We would encourage any parent and carers who have children aged 14 and older to complete our survey and share your thoughts around the services that are available so we can present this at our next meeting. All views are collected anonymously. The link to complete this survey is below:

https://forms.office.com/Pages/ResponsePage.aspx?id=orvj0mzv_EWt3RAXiqQ-qWvDeIQxjtFBhKpu6oxoz8FUM0M2OFJWVkJEMkZVSTVQSFE4NTJXUFdONy4u



Your Voice

We are keen to hear your views and opinions about the SEND services in Redcar and Cleveland. Please take a moment to complete this on the "Your Voice" section of the website. Good, bad or indifferent we want to hear from you!

<https://sendfamilyvoicerc.co.uk/your-voice/>



News & Information

Best Start in Life Family Hubs Event

The Best Start in Life Family Hubs are hosting a event on Saturday 1st Augsut from 10am until 4pm at Kirkleatham Museum Grounds.

This free event is open to all families with activities for children aged 0 - 5 years including baby yoga, circus skills plus garden games and many more!.

Families are more than welcome to bring a picnic or collect a free packed lunch from the café for a child aged 0-4 years on the purchase of a main meal.

Plus the first 100 families who visit the event will receive a free annual museum pass or Owl Centre day pass.

This should be a great fun filled day and dont forget to pop along and say hello to us in the marquee.



Autism Central Webinar

Please find attached a poster advertising a free NEAS webinar for parents and carers. This session is suitable for parents and carers of children 7 years and over who are experiencing low level emotional wellbeing difficulties. The session is on Monday 6th July 2026, 12:30pm – 2:30pm online.

To book please email kerrie.highcock@ne-as.org.uk

Sensory Spotlight

CALM vs ESCALATION vs RECOVERY
Understanding the Behavior Process to Support Students Better

CALM STAGE Feeling Good, Ready to Learn	ESCALATION STAGE Feeling Overwhelmed, Losing Control	RECOVERY STAGE Calming Down, Repairing, and Resetting
Student is regulated, focused, and able to engage in learning.	The student is overwhelmed and struggling to manage big feelings.	The student is calming down and rebuilding regulation and connection.
WHAT IT LOOKS LIKE	WHAT IT LOOKS LIKE	WHAT IT LOOKS LIKE
<ul style="list-style-type: none"> ✓ Calm body ✓ Following directions ✓ Using helpful words ✓ Able to focus ✓ Positive interactions ✓ Flexible 	<ul style="list-style-type: none"> ▲ Body tension ▲ Frustration or irritability ▲ Louder voice ▲ Refusing or avoiding ▲ Pacing or restlessness ▲ Difficulty listening 	<ul style="list-style-type: none"> ✓ Breathing slows ✓ Body relaxes ✓ More responsive ✓ Able to talk ✓ May appear tired or quiet ✓ Open to support
WHAT STUDENTS MAY NEED	WHAT STUDENTS MAY NEED	WHAT STUDENTS MAY NEED
<ul style="list-style-type: none"> ✓ Predictable routines ✓ Choices and voice ★ Positive connections ✓ Encouragement ⌚ Breaks and movement 	<ul style="list-style-type: none"> 🪑 Space 🧘 A calm adult ⌚ Time to reset 🔄 Fewer demands ❤️ Reassurance 	<ul style="list-style-type: none"> ❤️ Compassion 🤝 Connection 🗣️ Supportive conversation ⌚ Time to regulate and recover 🧠 Help with problem solving
HOW ADULTS CAN SUPPORT	HOW ADULTS CAN SUPPORT	HOW ADULTS CAN SUPPORT
<ul style="list-style-type: none"> 👂 Give positive attention ✓ Offer choices 🤝 Build trust and connection 📅 Provide structure 🎉 Celebrate successes 	<ul style="list-style-type: none"> 😊 Stay calm and neutral 🗣️ Use short, simple phrases 🧘 Reduce demands 🪑 Offer a safe space ⌚ Allow time to decompress 	<ul style="list-style-type: none"> ❤️ Stay supportive 🗣️ Listen without judgment 🧠 Help with problem solving 🌟 Rebuild confidence ★ Celebrate progress

REMEMBER: Behavior is communication. Our goal is not to stop the behavior, but to understand the need and teach skills for a more successful tomorrow.

ZOOM WEBINAR

SUPPORTING THE EMOTIONAL WELLBEING OF AUTISTIC CHILDREN

Monday 6th July 2026
12.30 - 2.30pm

Please note this course is suitable for parents / carers of children 7 and over who are experiencing low level emotional wellbeing difficulties.

Link will be sent out the day before

Places are limited and must be pre-booked.

✉ Kerrie.highcock@ne-as.org.uk ☎ 0191 410 9974

@NEAutismSociety

north east autism society
Registered Charity No. 1028260

News & Information cont

New Getting Help Service

Based on the I Thrive model, a new front door service providing mental health support for children, young people and families has been launched called the Tees Valley Getting Home Service.

This service has been jointly commissioned and includes services such as CAMHS, The Link, Mind, Alliance, Changing Futures and The Junction.

We attended a session on Monday 18th May to see what this service will look like. We have been informed there will be upcoming sessions for parents and carers. We will keep you informed once these sessions have been organised.



Post 16 Transport

We understand letters have been sent to families to apply for post 16 transport. We are encouraging all families to apply for transport for your young person, even if transport was granted until the end of your child's school journey.

We have reached out to the transport team for clarification, who have advised that even if your child has been granted transport until the end of their school journey they are still asking parents to complete the forms. The transport team are aware some children will be moving on early and they do not want to make any assumptions regarding transport.

If you have any queries please contact the transport team direct or email Emma on emma@sendfamilyvoicerc.com who can raise this direct with the transport manager and respond back to you.

Important Contact Numbers

LA Sen Department - 01642 304503

Redcar & Cleveland Transport Dept - 01642 444974

LA MACH Team 01642 130700

Email - RedcarMACH@redcar-cleveland.gov.uk

Camhs - 0300 013 2000

Getting Help Team (Used to be SPOC) - 0300 2000 000 (option 2)

Neurodevelopment Assessment

Autism 01642 529790

ADHD 0300 013 2000 (option 3)

Short Breaks Self referral - 01642 771247

Daisy Chain Family Support - 01642 531248 (Option 1)

Carers Together - 01642 488977

James Cook Hospital
01642 850850

NHS Service
111 or 999 in case of an emergency

Health Visiting & School Nursing Team
01642 444011

Family Hubs:

Dormanstown - 01642 492940

Grangetown - 01642 770810

Green Gates - 01642 759070

Guisborough - 01642 495357

Ormesby - 01642 513665

Loftus - 01287 640523

Redcar Coast - 01642 776030

Skelton - 01287 612333S

South Bank - 01642 457291

Our Contact Details

Office 2T Civic Centre, Ridley Street,
Redcar TS10 1TD

Email : info@sendfamilyvoicerc.com

Events



Membership QR

SEND Family Voice Events

If you wish to receive our newsletter plus links to our training and workshop offers please ensure you have signed up to become a member. Our membership is free and your details are kept safe and secure and are not disclosed to any third party. Once you are registered you will be asked to confirm your email address. Once you have done this you will receive the latest copy of our newsletter together with a copy of The SEND Guide for Parents. The link and QR Code is below:

<https://sendfamilyvoicerc.co.uk/membership/>

We do not have any events planned in for September and will be reaching out to parents to see which days are best for the drop-ins to continue. We will also be looking to host an in person evening event once a month for working parents or those who cannot attend our sessions throughout the day.

If there is any specific training, workshops or events you would like us to host please either drop Emma an email or message or complete our survey to provide your feedback.

We will also be welcoming Michaela from Middlesbrough College back to the office to offer a course for parents and carers to sign up for and attend weekly sessions. These courses have always proved popular with parents. We will speak to Michaela over the summer holidays to find out what courses are available for parents and carers to sign up for as well as the day she will be attending the office to host these. So keep an eye on the page and your emails for further details.

Parent Carer Survey

To ensure we are always meeting the needs of our families we are circulating a short survey to receive parent and carers feedback to help shape the services we provide. This survey is only 7 questions and is to find out the most convenient day and time for a weekly drop-in, evening drop-in and what training, workshops and events you would like to see.

Please take a couple of minutes to complete and share your feedback,

https://forms.office.com/Pages/ResponsePage.aspx?id=orvj0mzv_EWt3RAXiqQ_-qaNlg_aZp0pBhybmKh5MThpUNFBXNVJBTIdaNIJZRDNCWEJGSIBNVEw0Wi4u



Red Shoes School of Dance

We have been asked to share the poster to the left, for the new Red Shoes School of Dance.

Launching in September, this new service based in Stokesley offers inclusive dance classes for teenagers and adults with learning difficulties.

Please contact Claire on 07590 262021 or via email Claire@redshoesdance.com for more information.

SEN Sessions

In and around the Redcar and Cleveland area.

25k
YOUTH & COMMUNITY CENTRE
AYTON DRIVE, REDCAR TS10 4LR

GIRLS' GROUP

FEEL EMPOWERED AND JOIN A GROUP THAT IS SO MUCH MORE THAN HAIR AND NAILS. DISCUSS WHAT'S TRENDING, PLAY HILARIOUS GAMES AND PAMPER YOURSELF.

TUESDAY EVENINGS (Term Time) 6 - 8PM



Ages 11-18 Cost: 50p per session

© this is Redcar & Cleveland

25k
YOUTH & COMMUNITY CENTRE
AYTON DRIVE, REDCAR TS10 4LR

Manga Art

Step in to the world of anime and create your own Manga characters by learning various drawing techniques and using a series of art & multimedia resources. Join the anime community and meet new friends!

**TUESDAY 6-8pm
THURSDAY 7-9pm (TERM TIME)**

Cost: 50p Per Session
Ages 11 - 18

All Manga characters on this poster have been created by the young people that attend the Manga art sessions!

© this is Redcar & Cleveland

1 TO 1 PRIVATE SWIMMING LESSONS
Galley Hill Pool, Guisborough, TS14 8PF

Monday	Availability- • 7:30-8pm	
Tuesday	• 2:30-3pm	
Wednesday	• 3-3:30pm • 7:30-8pm	
Thursday	• 3:30-4pm • 7-7:30pm	

ABOUT US
8 Years of Coaching. I have coached 100s of Children & Adults in a competitive environment up to County, Regional, National & International successes in Swimming, Triathlon, Aquathlon. Previous positions of Head Coach/ Senior Swim Teacher.

07762431538
www.swimwithdan.co.uk
swimwithdantd@yahoo.com

sensory play saturdays

10-11:30am

Guisborough Family Hub (Park Lane, TS14 6NT)

With Lisa & Phillippa

March 7th and 21st
April 4th and 18th
May 2nd and 16th
June 6th and 20th
July 4th and 18th

BEST START IN LIFE Funded by UK Government

25k
YOUTH & COMMUNITY CENTRE
AYTON DRIVE, REDCAR TS10 4LR

GAMES & TECHNOLOGY

Youth Club

Come along and socialise with your friends and chill out and play some board games. Prefer computer games? We have a selection of classic gaming platforms including Nintendo Wii & Xbox. We also have Pool, Ping Pong, Team Games & More...

THURSDAY EVENINGS (TERM TIME) 7 - 9pm
Ages: 11 - 18
COST: 50p Per Session

© this is Redcar & Cleveland

25k
YOUTH & COMMUNITY CENTRE
AYTON DRIVE, REDCAR TS10 4LR

SKITTLES LGBTQIA+ GROUP

A Youth Group for LGBTQIA+ & gender non-conforming young people

Wednesday Evenings
AGES 12 - 16 5pm - 7pm (Term Time)

50p per session

A safe space to be yourself! Come along & make new friends if you require more information please contact:
Helen Higgs (01642 771245) helen.higgs@redcar-cleveland.gov.uk
All enquires are treated in confidence

THE RED SHOES SCHOOL OF DANCE

STAR DANCERS

INCLUSIVE DANCE CLASS FOR TEENAGERS & ADULTS WITH LEARNING DIFFICULTIES

- BUILD CONFIDENCE
- ENJOY MUSIC AND MOVEMENT
- MAKE NEW FRIENDS
- EXPRESS YOURSELF

LAUNCHES IN SEPTEMBER!

ENQUIRE NOW!
07590262021
Claire@redshoesdance.com

WEEKDAYS
The Red Shoes School of Dance Studio - STOKESLEY

WHERE EVERYONE IS A STAR!

WOODS & WAVES
FOREST AND BEACH SCHOOL | CIC

Providing Forest and Beach School sessions to families throughout Redcar and Cleveland.

At Woods & Waves children and young people have the opportunity to connect with nature, use tools, enjoy the warmth of a campfire, complete scavenger hunts, engage in nature-based arts and crafts and so much more. The sessions are very flexible and child-led, participants are encouraged to follow their own interests and ideas, free play and exploration are a big part of the Forest School approach. Parent/carers stay and join in the fun too.

Children with additional needs are welcome to attend any of our sessions, and we also have SEND sessions every third Saturday of the month from 16th March.

To book a place visit our Facebook page @woodswavesforestandbeachschool Or use our booking link <https://bookwhen.com/woodswaves>



In addition we also have some availability on our fully funded 10 week SEND Forest School group:

Thanks to funding from Woodsmith Foundation we are able to offer fully funded small group Forest and Beach School to children and young people. To qualify the child/YP must: Be aged 5-18 years, live in Redcar and Cleveland, and have an additional need or disability.

This is for a block of 10 sessions and we have a couple of remaining spaces for our Thursday 4pm sessions beginning in April, so you must be able to come along to Saltburn on this day and time to qualify. To express your interest in your child/young person been involved in this project please contact us: woodswaves2022@gmail.com / 07533366410

JOIN-US SENIORS!

Youth Group sessions for SEND Young People

AGES 13+ WELCOME!

TUESDAY & FRIDAY | 6PM - 8PM

ONLY £1 PER SESSION

FOOTBALL • GAMING • SOCIAL ACTIVITIES
• WORK EXPERIENCE • COOKING • HAIR & BEAUTY • VOLUNTARY WORK • TRIPS

25K YOUTH & COMMUNITY CENTRE
AYTON DRIVE
REDCAR

Poster design by Alfie (Youth Group Member)

FULLY FUNDED NEURODIVERSE FAMILY FITNESS
WEDNESDAYS 4.15-5PM

SUITABLE FOR FAMILIES WITH A CHILD ON THE PATHWAY, DIAGNOSED OR UNDIAGNOSED DELIVERED IN A SENSORY SETTING

We encourage families to attend with children who are struggling with their weight, movement and sleep patterns.

45 min sessions
Classes will rotate with BOXFIT, a glow class, silent disco, SKITTLES and We with Rock You Drumming Weights and Bootcamp

Purpose of these sessions is to engage, energise and encourage more movement Redcar falls and injuries Super for special awareness

SUPER FOR AGES 4-18 YEARS WHO MAY STRUGGLE WITH PE AT SCHOOL OR ARE HOME EDUCATED AND WOULD LIKE A COMMUNITY GROUP EXERCISE SESSION

To book: <https://bookwhen.com/senses@redcarandcleveland.gov.uk>

Senses Wellbeing Centre CIC, Unit 2, Breckon Court, Woodhouse Avenue, Wetherby, WF12 2JZ 01937 500011

World of Play SEN SESSIONS

1st Sunday of every month
9.30am - 12.00pm

Come and enjoy World of Play when it's much calmer and quieter at our SEN sessions

This time is exclusively for children with disabilities and their family & friends

Full use of all our facilities is available

INCLUSIVITY



TUNED IN! 2 MUSIC

FRIDAY EVENINGS (TERM TIME) 6-8PM AGES 11-18

VENUE: SKELTON YOUTH & COMMUNITY CENTRE
MARSKE LANE, SALTBURN BY THE SEA TS12 2HA

Tuned in 2 Music is a place for young people to play, grow and thrive through music. The sessions for 11-18 year olds include a variety of music making activities including song-writing, band mentoring, 1-1 instrument tuition and performance opportunities. This project is funded by Arts Council England as part of our "Breakthrough Music" Project

Youth Music, Media & Arts Co-ordinator: James Lilly @ 25k youth & community centre Telephone: 01642 771243 Email: james.lilly@redcar-cleveland.gov.uk Facebook: www.facebook.com/Tuned.in.Redcar

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THE JUNCTION YOUTH CLUB

MONDAYS & WEDNESDAYS • 6PM - 8PM
BRECKON HILL COMMUNITY CENTRE, MIDDLESBROUGH, TS4 2DS

FRIDAYS • 6PM - 8PM
GROVE HILL COMMUNITY HUB, MIDDLESBROUGH, TS4 2RP

THE JUNCTION FOUNDATION PRESENTS A FREE, WEEKLY YOUTH CLUB WITH REFRESHMENTS, ACTIVITIES & MORE FOR YOUNG PEOPLE AGES 11 - 17 YEARS

01642 756000 info@thejunctionfoundation.com

COMETS
Disability • Football

Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!

Kick ball happy

Scan here to see Comets in action!

Time and Date: **Saturday Morning - 10.00am to 11.00am**

Location: **Sports Hall, Nunthorpe School, Guisborough Road, Nunthorpe, TS7 0LA**

Contact: **Andy Fawcett** Phone: **07967 023888**

Email: **Andyf.spr@gmail.com**

ENGLAND FOOTBALL Get in touch to book your first session

Premier League **Kicks**
TUESDAY
BOROBILITY
Acorn Centre TS5 8QB
U12 PAN 4:45pm - 5:45pm
13+ PAN 5:45pm - 6:45pm

WEDNESDAY
BOROBILITY
EAST CLEVELAND LOFTUS CRICKET CLUB
TS13 4LG
5pm - 6pm

FREE TO PLAY!

Foundati

FOR MORE INFORMATION ABOUT OUR SPECIFIC EMAIL: live@redcarandcleveland.gov.uk

FOOTBALL 4 ALL

A team specially for Neurodiverse kids aged 4-16

Every Saturday Morning:
8:30-9:00 1-1 Sessions
9:00-10:00 Main Session

For more info contact:
Paul 07519607545 - Paulc_spr@outlook.com



SEND support across Redcar and Cleveland

There is a wide range of Special Educational Needs and Disabilities (SEND) support available across the borough, including those who do not have a formal diagnosis.

Redcar and Cleveland Local Offer

Redcar and Cleveland's Local Offer is a free information directory that shows what support or provision is available in our area for children and young people with special educational needs and/or disabilities aged 0 – 25 years old and their families.

<https://www.redcar-cleveland.gov.uk/children-and-families-services/local-offer>

SENDIASS

The SENDIASS Service provides independent, impartial advice to parents/carers with a child aged 0-25 years old with special educational needs. We also provide advice to children and young people with SEN. We can help with education, health and social care.

We are open Monday - Thursday, 09:00-17:00 and Friday, 09:00-16:30.

You can reach SENDIASS by :

Kerrie Walker (SENDIASS Officer) kerrie.walker@barnardos.org.uk 07713787617

Joanne Alton (SENDIASS Officer) joanne.alton@barnardos.org.uk 07934602584

Phone: 01642 310806

Email: southteessendiass@barnardos.org.uk

Redcar and Cleveland Early Years SEND Team

The Early Years Area SENDCo coordinates the support provided by the Early Years SEND Practitioners, who were previously known as and sometimes still referred to as Portage. The team support children who have a significant delay in two or more areas of their development, from birth to school age. To access the Early Years Practitioners, SENDCO's should complete a Family Hubs Referral form

Redcar and Cleveland SEN department

The SEND Team is responsible for Education, Health, and Care Needs Assessments (working in collaboration with the family, child or young person and professionals). They also manage the placement and provision for children with Education, Health, Care Plan (EHCP) as well as annual reviews. The SEND team consists of a Statutory SEND Manager, SEND Lead Officers, PFA Coordinator, SEND Officers, Independent Travel Trainers, SEND Business and Data Officer and the SEND administration team.

To contact either:

email sen@redcar-cleveland.gov.uk

Telephone 01642 304503

SEND Family Voice, Parent Carer Forum

We are a Department of Education funded forum of parents and carers of children and young people (0-25) with special educational needs and/or disabilities. Our main aim is to ensure the needs of our children are met. We bring together parent carer voices from across Redcar and Cleveland to improve engagement between services and families, to empower each other and influence policy and practice.

<https://sendfamilyvoicerc.co.uk/>

Redcar and Cleveland Family Hubs

Our Family Hubs and wider network, offer help and support to families with children aged 0-19 years (25 with SEND), across Redcar and Cleveland.

<https://www.redcar-cleveland.gov.uk/family-hubs>

Preparing for Adulthood

'Preparation for adulthood' is a national framework that aims to ensure that all young people with special educational needs and disabilities have the support they need to ensure they achieve their full potential and live happy, healthy lives. Schools, colleges, health and social care services work together to help plan and prepare young people in four main areas;

- continuing education, training or getting a job
- living independently
- having friends and being part of the local community
- being as healthy as possible.

<https://informationdirectory.redcar-cleveland.gov.uk/local-offer-send/preparing-adulthood-14-25-years/preparation-adulthood>

Short Breaks

Short Breaks are available for children and young people with special educational needs and or disabilities aged 0 - 18 years, some support may extend up to 25 years where there is an assessed need for the service to remain in place. Short Breaks support provides opportunities for parent carers to have a break from their caring responsibility while also providing fun and exciting opportunities for children and young people.

<https://www.redcar-cleveland.gov.uk/children-and-families-services/short-breaks-for-children-young-people-and-their-families>